PlumpyNut Dosing Chart



(Each 92g packet contains 500 kilo-calories)

Child takes 200kcal/kg/day Child should take about 1/2 packet at each dosing

Weight of Child (kg)	Packets per Day	Packets per 2-Week Supply
3.5 – 3.9	1.5	22
4.0 – 5.4	2	28
5.5 – 6.9	2.5	36
7.0 – 8.4	3	42
8.5 – 9.4	3.5	50
9.5 – 10.4	4	56
10.5 – 11.9	4.5	64
12.0-13.5	5	70
Greater than 13.5	Based on 200kcal/kg/day	Based on 200kcal/kg/day